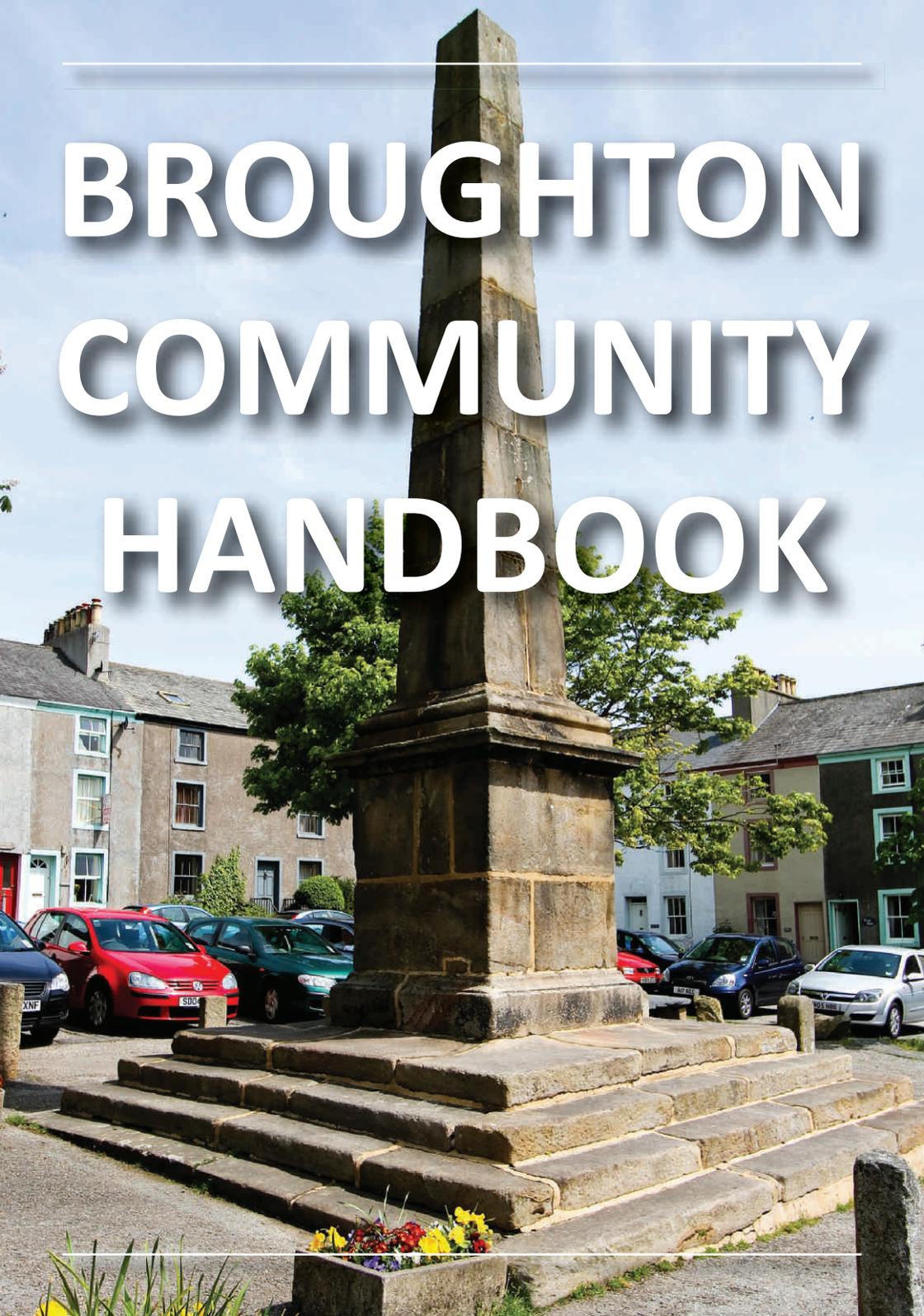

BROUGHTON COMMUNITY HANDBOOK



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INTRODUCTION

This handbook has been produced in response to the Broughton Community Plan to provide information on local activities, services and facilities.

All details were correct at the time of going to press but things do change so check for the latest information on relevant websites, at Broughton Community Information Centre, or in the Parish Pump newsletter.

Please let us know if you would like information changed or included in the next edition of this handbook, or if you would like to volunteer in any way to help the community. Do get involved!

We would like to thank the Parish Pump for meeting our printing costs. The donation was from revenue raised from regular advertising by local businesses.

*Broughton Community Plan Steering Group
Summer 2018*

Email: broughtonduddonclp@gmail.com



Facebook: Build a Better Broughton

BROUGHTON COMMUNITY INFORMATION CENTRE

The Square, Broughton-in-Furness

Tel: **01229 716115**

Email: broughtontic@btconnect.com

Website: www.lakedistrictinformation.com



Run by volunteers, the centre provides lots of information about what is going on locally as well as accommodation details and information about booking the Victory Hall.

Opening hours : Thursday-Saturday 10am – 2pm

Extra days subject to availability of volunteers. More volunteers welcome!

COUNCIL SERVICES

There are three levels of councils: county, district/borough and parish. Each has distinct responsibilities and their services and contact details are below.

Cumbria County Council

The County Council has many responsibilities including schools, social services and adult social care, care homes, doctors and hospitals, libraries, museums and archives, trading standards, fire services, waste and recycling, and highways.

To report a problem on the highway including drainage, potholes and signage, telephone **0300 303 2992** or visit www.cumbria.gov.uk/highwayshotline or email betterhighways.southlakeland@cumbria.gov.uk and always get a reference number.

Address: Civic Centre, Carlisle, CA3 8QG

Tel: **01228 606060**

Website: www.cumbria.gov.uk

The County Councillor representing Duddon Parish is Matt Brereton (Conservative)

Mobile: **07795 426437**

Email: matt.brereton@cumbria.gov.uk

The County Councillor representing Ulpha Parish Meeting is Keith Hitchin (Conservative)

Tel: **019467 24710**; Mobile: **07825 864039**

Email: Keith.Hitchen@cumbria.gov.uk

South Lakeland District Council (SLDC) - responsible for east of the River Duddon

District Council responsibilities include environmental health, council tax and non-domestic rates collection, refuse collection, street cleaning, town and country planning, housing, and off-street parking.

Address: South Lakeland House, Lowther Street, Kendal, LA9 4UF

Tel: **01539 733333**

Email: customer.services@southlakeland.gov.uk

Website: www.southlakeland.gov.uk

The District Councillors representing Broughton and Coniston ward are:
Matt Brereton (Con.) Mob: **07795 426437**; Email: matt.brereton@cumbria.gov.uk
Tracy Coward (Lib. Dem.) Email: tracy.coward@southlakeland.gov.uk
Anne Hall (Con.) Mob: **07771 988518**; Tel/fax: 015394 41558

The Handy Person Scheme is run by SLDC. It is a small repairs and assistance service for elderly or vulnerable householders in South Lakeland. Labour is provided free of charge and works can include, for example, putting up shelves, fitting minor security measures, changing light bulbs, replacing tap washers or minor repairs to gates, fences or paths.
Ring **01539 733333** for more information.



Lost Dogs Ring **01539 733333** for information and help.



Copeland Borough Council - responsible for west of the River Duddon

The Borough Council has the same responsibilities as the District Council but on the west side of the river.

Address: The Copeland Centre, Catherine Street, Whitehaven, CA28 7SJ
Tel: **0845 054 8600**
Email: info@copeland.gov.uk
Website: www.copeland.gov.uk

Lake District National Park Authority

The LDNPA is responsible for conserving the beauty of the National Park while at the same time promoting its assets. It serves as the planning authority for the National Park. The Lake District is now a UNESCO World Heritage Site.

Address: Murley Moss, Oxenholme Road, Kendal, LA9 7RL
Tel: **01539 724555**
Email: hq@lakedistrict.gov.uk
Website: www.lakedistrict.gov.uk



Duddon Parish Council

Parish Council responsibilities include local planning matters, managing open spaces and campaigning for and delivering better services and facilities.

Councillors:

Clr Gary Albion
Broughton West
Tel: **01229 716371**

Clr Joss Curwen
Angerton
Tel: **01229 716412**

Clr Anne Downe
Broughton West
Tel: **01229 716245**

Clr Colin Edmondson
Dunnerdale
Tel: **01229 716577**

Clr Vera Glessal
Broughton West
Tel: **01229 716624**

Clr Janice Johnson
Broughton West
Tel: **01229 716743**

Clr Elaine Knowles
Broughton West
Tel: **01229 716770**

Clr Isabel Longworth
Dunnerdale
Tel: **01229 716377**

Clr Graham Pitts
Broughton West
Tel: **01229 716473**

Clr Jay Sayers
Broughton West
Tel: **01229 715069**

Clerk: Christine Adams
Browfoot Cottage, Grizebeck, Kirkby-in-Furness, LA17 7XH
Tel: **01229 889319**
Email: info@duddonparishcouncil.org.uk
Website: www.duddonparishcouncil.org.uk

Ulpha Parish Meeting Chair: Mrs Anthea Jones; Tel: **01229 716613**
Email: duddon@btinternet.com

All correspondence for the Parish Council should be directed to Christine Adams in the first instance.

Meetings are held on the fourth Thursday of the month in the Victory Hall, Rankin Room, at 7.30pm. (No meeting is held in December). Members of the public are welcome to attend.

Minutes are available on the website, in Broughton Community Information Centre, and on the notice board at the bottom of Princes Street.

To report street lights not working, or to rent an allotment, please contact the Parish Clerk.



Local MPs

John Woodcock (Independent) – Barrow and Furness

Address: John Woodcock MP, 22 Hartington Street, Barrow-in-Furness, LA14 5SL

Tel: **01229 431204**

Email: john.woodcock.mp@parliament.uk

Trudy Harrison (Conservative) – Copeland

Address: Main Street, Bootle, LA19 5TF

Tel: **01229 718333**

Email: trudy.harrison.mp@parliament.uk

POST OFFICES

Broughton Post Office, 11 Princes Street, Broughton-In-Furness, LA20 6HQ

Tel: **01229 716220**

Opening hours: Monday, Tuesday, Thursday, Friday

9am—5pm

Wednesday, Saturday 9am—12 noon

Ulpha Post Office and Stores, Ulpha, LA20 6DX

Tel: **01229 716255**

Website: www.ulphavillagestores.co.uk/

Opening hours : Monday, Wednesday, Thursday, Friday 9am—5pm

Saturday, Sunday 9.30am—5pm

Tuesday closed



VETS

Broughton has a vets practice: Browne & McKinney.

Address: East View, Church St, Broughton-In-Furness, LA20 6HJ

Tel: **01229 716230**

Website: www.cumbria-vets.com

The practice offers an emergency out-of-hours callout service.



COMMUNITY SAFETY

There is a regular weekday morning Police Desk in the Coronation Hall in Ulverston from 9.00—12.00 Monday – Friday. For more information please visit: www.cumbria.police.uk There are a number of police officers and PCSOs dedicated to working in this area. Occasional Police ‘drop-in’ sessions are held in the Square Café.



When to use emergency numbers

If you see a crime in progress dial 999.

In case of a fire – even if it does not seem an emergency – please dial 999.

To report anything that seems suspicious dial 101.

Use 101 to report poaching, fly-tipping and illegal off-roading.

For all consumer advice and to report doorstep callers contact Citizens Advice Consumer Helpline on **0345 4040 506** or visit the website www.adviceguide.org.uk



Telephone Preference Service – free official service and central opt-out register. Record your preference not to receive unsolicited sales or marketing calls on **0345 070 0707** or www.tpsonline.org.uk

Mailing Preference Service 0207 291 3310 or www.mpsonline.org.uk
Report scams, fraud and internet crime to **Action Fraud** on **0300 123 2040** or www.actionfraud.police.uk

If you want to avoid cold-callers on your doorstep you can request a sticker for your front door from **Trading Standards**. You can also use the new self-help toolkit to set up a **No Cold Calling Zone** on www.cumbria.gov.uk/tradingstandards/consumers/nocoldcallingzones or contact **01539 713594**.

Trading Standards and Police advice is never to deal with cold-callers, either on the telephone or on the doorstep. Always use reputable local traders for all your goods and services.

Use the **Business Approval Register** to find Trading Standards Approved businesses on www.businessapprovalregister.com



Cumbria Crimestoppers is a completely anonymous way to report a crime. Telephone **0800 555111** to report a crime, or visit



www.crimestoppers-uk.org/in-your-area/north-west/cumbria for more information.

Cumbria Community Messaging offers subscribers news and alerts from various national agencies operating in the local area. Updates can be sent by phone, text or email. Subscribers can also report illegal activities by this service. To register visit www.cumbriacommunitymessaging.co.uk

Trading Standards works in partnership with the **Citizens Advice** consumer service to provide free, confidential and impartial advice on consumer issues. For help or advice or to make a complaint, call the Citizens Advice national consumer helpline on **03454 04 05 06**.

Local Trading Standards office details for general enquiries are:

Address: Trading Standards, County Offices, Stricklandgate, Kendal, LA9 4RQ

Telephone: **01539 713594**

Email: trading_standards@cumbria.gov.uk

Website: www.cumbria.gov.uk/tradingstandards/consumers

LOCAL CITIZENS ADVICE

The local Citizens Advice service can advise on a range of issues including debt and money, benefits, housing, work, health, legal and family issues.



South Lakeland (Ulverston) Citizens Advice—Ulverston Business Centre, 25 New Market St, Ulverston, LA12 7LR

Open Monday (10am—2pm), Thursday (10am—2pm)

Copeland (Millom) Citizens Advice—31 Wellington Street, Millom, LA18 4DG

Open Monday (10am—2pm), Wednesday, Thursday (9am—3pm)

South Lakeland (Kendal) Citizens Advice—Blackhall Road, Kendal, LA9 4BT

Open Monday, Tuesday, Wednesday (9.30am—3.30pm)

Tel: **03444 111 444**

Website: www.citizensadvice.org.uk/

EDUCATION

Parents and Toddler Group – Friday 9.30-11.30am, Victory Hall

Website: www.broughtonunderfives.org.uk/toddlers.html

Nursery

In the grounds of Broughton CE School

For children over 2 ½ years. Offering nursery,
as well as Breakfast and After School Clubs.

Mon - Fri morning sessions: 8.45am - 11.45am

Mon, Tue, Thu, Fri afternoon sessions:

12.30pm - 3.30pm

Mon, Tue, Thu, Fri lunch club: 11.45am - 12.30pm



Contact: Janet Clark (Nursery Supervisor)

Tel: **01229 716107**

Email: broughtonunderfives@hotmail.co.uk

Website: www.broughtonunderfives.org.uk/

Primary school

Broughton CE School

Head: Mrs Jacki Graham-Kevan

Address: Keppleway, Broughton-in-Furness, LA20 6BJ

Tel: **01229 716206**

Email: office@broughton-furness.cumbria.sch.uk or

head@broughton-furness.cumbria.sch.uk

Website: www.broughton-furness.cumbria.sch.uk/index.html



HEALTH SERVICES

IN AN EMERGENCY DIAL **999**

If it's not an emergency but you need medical help fast dial **111**

Furness General Hospital, Tel: 01229 870870

Duddon Valley Medical Practice

www.duddonvalleymedicalpractice.nhs.uk

GP services. Practice nurses available by appointment for advice on many subjects including asthma, diabetes and heart disease management, contraception and flu vaccinations.

Broughton Surgery, Foxfield Road, LA20 6EZ

Tel: 01229 716337 (including out of hours information)

Monday: 8am - 6pm

Tuesday: 8 am - 6pm

Wednesday: 8am - 1pm

Thursday: 8am - 6pm

Friday: 8am - 6pm

Saturday and Sunday closed



Kirkby Surgery, Askew Gate, LA17 7TE

Tel: 01229 889247 (including out of hours information)

Monday: 8am – 6pm

Tuesday: 8am – 6pm

Wednesday: 8am – 6pm

Thursday: 8am – 1pm

Friday: 8am – 6pm

Saturday and Sunday closed



Baby Clinic, Victory Hall, Broughton

Second Wednesday of the month: 9.30am – 11.30am

Ulverston Community Health Centre, Stanley Street, Ulverston, LA12 7BT

Tel: 01229 484045

Outpatient services, radiology and hearing aid clinics.

NHS Dentist Emergency Number

Call your dentist, or NHS Direct on 111

Out-of-hours chemist emergency number

Asda store, Walney Road, Barrow-in-Furness, LA14 5UG: **01229 826011**

NHS Hearing Aid Clinics

Drop-in repair sessions:

Furness General Hospital, Monday 2 - 5pm or Tuesday

8.30am - 12.00

Ulverston Community Health Centre, Wednesday

9.30am - 12.00

Batteries available from Furness General Hospital (main reception) or Ulverston Community Health Centre.



LIBRARY SERVICES

Victory Hall Library. Open Monday to Friday 9am – 5pm. Closed on Bank Holidays.

You need a library card, obtainable from Ulverston or Barrow library.

PARISH PUMP

Free community magazine featuring forthcoming events, local business details and interesting articles. Available from Broughton Post Office, Broughton Community Information Centre, CGP Pitstop, Ulpha Post office, The Newfield Inn and the Blacksmith's Arms.

Online version available at the bottom of the home page of the Broughton Information Centre South Lakeland Tourist Information website

www.lakedistrictinformation.com/

Tel: **01229 716129** or **715221**

Email: broughtonparishpump@yahoo.co.uk



PUBLIC TRANSPORT

Buses

Stagecoach bus 7, Barrow to Millom via Broughton Square.
To Barrow **07.55** on **school days** and 10.13. From Barrow
13.17 and **16.00** on **school days**. To Millom 13.56 and
16.57 on **school days**. Weekdays only.



To enquire about services visit www.cumbria.gov.uk/roads-transport/ or
telephone **0871 200 22 33** (calls cost 12p a minute).

Free bus to Asda on Wednesdays leaving Broughton Square at 10.03 and getting
to Asda at 10.39. It leaves Asda at 12.30, returning to the Square at 13.06.

Concessionary Bus Passes

Older Person's and Disabled Person's bus passes are available from the
Coronation Hall, Ulverston or Barrow Library. You need proof of address and of
age for over 65s or proof of address and disability for disabled people.

Trains

Foxfield is the station that serves Broughton. The line runs from Barrow-in-
Furness to Carlisle and is operated by Northern Rail. For timetables telephone
0800 200 6060 or visit www.northernrailway.co.uk/travel/timetables

Car schemes

Rural Wheels is run by Cumbria County Council for
people who do not have or are unable to access
scheduled transport. Many uses include getting to a
bus, train, doctor or dentist, visiting friends or going
shopping. You use a pre-ordered Smart Card and book
in advance. Information from Rural Wheels



Co-ordinator on **01228 221055** or visit www.cumbria.gov.uk/roads-transport/.

Community minibus

Keppleway Community Transport service offers 16-seat minibus hire for schools,
community and voluntary groups in South West Lake District. Telephone **01229
716936** for more information.

RECYCLING AND REFUSE COLLECTION

South Lakeland District Council has responsibility for recycling and refuse collection. They can be contacted on **01539 73 33 33**, 8am - 6pm Monday to Friday (not bank holidays). Email customer.services@southlakeland.gov.uk or visit the website at www.southlakeland.gov.uk

Copeland residents should call **01946 598300**, email info@copeland.gov.uk, or visit the website at www.copeland.gov.uk/section/waste-and-recycling

Recycling facilities

Broughton has a recycling bank on Foxfield Road, which takes cardboard, paper, glass, cans, shoes and clothes (not plastics). There is also a shoes and clothes collection outside the fire station.

Ulverston, Barrow and Millom have household waste recycling centres at:

Morecambe Road, **Ulverston**, LA12 9BL

Tel: **01229 581687**

Opening hours: 8am - 6pm, seven days a week



Walney Road (just north of Asda), Ormsgill, **Barrow-in-Furness**, LA14 5UY

Opening hours: 8am - 6pm, seven days a week

Tel: **01229 831564**

Redhills Quarry, Mainsgate Road, **Millom**, LA18 4LB

Tel: **01229 771447**

Opening Hours: 8am - 4pm, Thursday, Friday, Saturday, Sunday and Monday

NOTE: As kerbside recycling services expand, the number and opening hours of recycling centres could reduce.

Bulky refuse collection

South Lakeland residents can arrange this by calling South Lakeland District Council, on **01539 733 333** or visiting www.southlakeland.gov.uk/bins-and-recycling/

Copeland residents can arrange this by calling Copeland Borough Council, on **01946 598300**.

A single collection of up to three items costs £25 in each case.



Charity Collections

Some charities will take furniture and quality household items as donations, including:

St Mary's Hospice: Tel. **01229 580305** or email info@stmaryshospice.org.uk

Age UK: Tel. **030 300 30003** or email admin@ageuksouthlakeland.org.uk

Impact Furniture Services: Tel. **01229 583185**

British Heart Foundation: Tel. **0844 848961**

VILLAGE HALLS

Broughton

Victory Hall – Broughton Community Information Centre (**01229 716115**)

Parsonage Room – Debbie Leighton (**01229 716039**)

Methodist Church – Deacon Debbie Harkness (**01229 770071**), contactable Tuesday-Sunday

Ulpha

Browfoot Room – Sue Batten (**01229 889016**)

Seathwaite

Parish Room – Gail Batten (**01229 716840**)



Broughton Mills

Reading Room – Christine Eastham (**01229 716666**)

Woodland

Parish Room – Ian Brocklebank (**01229 439**) or **from January 2019** Vera Glessal (**01229 716624**)

PLACES OF WORSHIP

Church of England (Church Warden Brian Wright, **01229 716639**)

Broughton, St Mary Magdalene

Ulpha, St John the Baptist

Seathwaite, Holy Trinity

Broughton Mills, Holy Innocents

Woodland, St John the Evangelist



Methodist (Deacon Debbie Harkness, **01229 770071**)

Broughton, Kirkby and Millom

Roman Catholic (Father Robert Halshaw, **01229 779673**)

Millom and Coniston

WILSON PARK, BROUGHTON

Located behind Broughton Square, the park includes children's playground, nature garden, picnic benches and football area. Public toilets with disabled facilities are nearby.



TRADITIONAL ANNUAL EVENTS

January (last weekend)

Pantomime (Victory Hall)

1 August

Broughton Charter Day (Broughton Square)

August (last Saturday)

Millom and Broughton Agricultural Society Show (West Park, Broughton)

November (Sunday nearest to 5 November)

Broughton Bonfire Night (Wilson Park)

31 December

New Year's Eve Fireworks Display (Broughton Square)



ACTIVITIES, CLUBS AND GROUPS

For times, venues and other details contact Broughton Community Information Centre, look in the Parish Pump or get in touch with the contacts below. Please note that contact details may change.

Young people

Beavers, Cubs, Scouts (Neil Addington, **01229 715095**)

Junior Runners (Selwyn Wright, **01229 716797**)

Keppleway – Saturday Adventure Clubs and Holiday Adventure Clubs (**01229 716936**)

Meeting Point (Chris Smith, **07722 250916**)

Rainbows, Brownies, Guides (Sam Addington, **01229 715095**)

Table Tennis Club (Liz Tyson, **01229 715094**)

Young Farmers (Hannah Ireland, **07584 573894**)



Adults—physical activities

Badminton (Mike Dobing, **01229 716618**)

Gentle Exercises [Age UK] (Elaine Essery, **01229 716129**)

Pilates (Sheila Ellwood, **01229 777885**)

Running Club and Groups (Val Gill, **07974 357181**)

Snooker [Old Town Hall] (Rick Browne, **01229 716748**)

Tai Chi (Mike Leese, **01229 889667**)

Tennis Club (Kathy Hall, **07855 235616**)

tennisbroughton@gmail.com)

Woz Fit (Jane Rousseau, **01229 716388**)

Yoga (Steve Emmett, **01539 41692**; Elaine Essery, **01229 716129**)

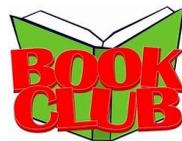


Other groups, clubs and organisations

Book Club: Broughton (Jenny Gemmell, **01229 716583**)

Foxfield (Jay Sayers, **01229 715069**)

Brass Band (Ruth Hughes, **01229 716659**)



Broughton in Bloom (Anne Harrison, **01229 715019**)

Cumbria Wildlife Trust – Duddon Support Group (Andrew Read, **01229 716 811**)

Drama Group (Secretary, broughtondramagroup@gmail.com)



Eccle Riggs—a members-only leisure club for people living in the local community. For more information

tel: **01229 716398** or visit the website at

www.eccleriggsleisureclub.co.uk

Film Club (Paul Taylor, **01229 715141**)

First Responders [Broughton Community] (John Gray, **01229 716225**)

Foxhounds – Coniston, North Lonsdale, Eskdale and Ennerdale (**01946 723295**)

Knit and Natter (Jan, **01229 716155**)

Ladies' Guild (Jean Day, **01229 716113**)



Local History Group [Duddon Valley] (Ken Day, **01229 716113**)

Lunch Clubs [Age UK]

Broughton – Black Cock Inn, first Thursday

Broughton Mills – Blacksmiths Arms, third Wednesday

Foxfield – Prince of Wales, fourth Thursday

Seathwaite—Newfield Inn, second Friday

Tel: **030 300 30003** for more information



Men's Supper Club (Malcolm Churchill, **01229 716776**)

Military Whist Drives – Broughton Mills (Margaret Harrison, **01229 716332**)

Millom and Broughton Agricultural Society (Rachel Jopson, **01229 778 406**)

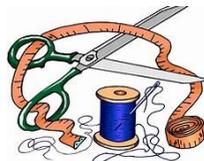


Mountain Rescue Team [Duddon and Furness] (Secretary, sec@dfmrt.org.uk)

St Mary's Hospice – Duddon Support Group
(Diane Hartley, **01229 885461**)

Sewing Bees (Lillian Berry, **01229 716 94**)

Stitchers (Jane Peel, **01229 770 67**)



Women's Institute:

Broughton Mills, Woodland and Foxfield (Pam Gillman, **01229 716321**)

Ulpha and Seathwaite (Lindsay Ward, **01229 716865**)

LOCAL CHARITIES

There are a number of charities that support the local area, including:

Agnes Dixon Charity – Grants to individuals for education and training and to local groups and organisations.

Roger Belbin – Tel: 01229 716327; Address: Meanfield, Broughton-in-Furness, LA20 6BP

Broughton-in-Furness Educational Foundation - Grants to individuals and organisations to support the education and training of those aged under 25.
Address: David Bland, 1 Griffin Street, Broughton-In-Furness, LA20 6HH

CGP Duddon Parish Trust Fund – Grants to voluntary groups and individuals to support community events and activities and to maintain and improve community facilities.

Application forms from Broughton Community Information Centre or downloadable from www.duddonparishcouncil.org.uk

Gunson Almshouses - Subsidised housing

Phillip White – Tel: 07795 844319; Email: gunsonclerk@gmail.com; Address: Whistling Green, Ulpha, Broughton-in-Furness, LA20 6DT

IMPORTANT NUMBERS

Fire, Police, Ambulance emergencies – **999**

Police (non-emergency) – **101**

NHS Direct – **111** (provides all-hours assistance)

Samaritans – **08457 909090**

Childline – **0800 1111**

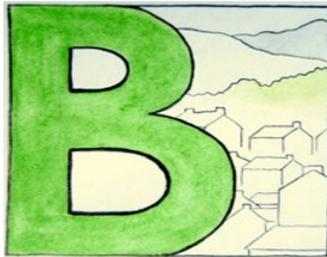
Electricity North West power cuts – **105**

United Utilities water supply,
drain and sewer emergencies – **0345 672 3723**

National Gas Emergency Service – **0800 111 999**

Environment Agency incident hotline – **0800 807060**

Many phone numbers for essential public information and services
are at the front of the phone book.



Email: broughtonduddonclp@gmail.com



Facebook: Build a Better Broughton